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Diplomate American Board of Plastic Surgery, Diplomate American Board of Surgery

General Surgery, Reconstructive Surgery, Aesthetic Surgery, Plastic and Hand Surgery

Radiofrequency Micro-needling

Post-operative Instructions

Care of Wound/Special Instructions

- Apply gauze soaked in ice-cold water to the treated area immediately upon completion of treatment
- Apply Aquaphor ointment to treated area followed by a face protective mask which may be removed when the patient reaches home
- Soak treated area with water 4 times daily and maintain moisture with Aquaphor ointment until all crusting had resolved (usually occurs with complete re-epithelialization at 3-6 days)
- May switch to non-greasy moisturizer when crusting is resolved so as not to cause miliary eruption
- Crusting is followed by erythema which may persist for up to 3-4 weeks and can be concealed by makeup
- Sun avoidance for at least 3 weeks to minimize the risk of post-treatment hyperpigmentation
- You may shower after 24 hours.
- No bathing, swimming or soaking for 2-3 weeks or until cleared by your surgeon.
- Do not go into pool, pond, river, or stagnant water site for 6 weeks to avoid infection

Managing Pain

Pain Medication: You can take Tylenol for the first 3 days in addition to the prescribed medications for pain control, starting as soon as you are able to tolerate a small amount of bland food such as crackers, toast or soup. You can start taking Motrin or Advil or Aleve after 3 days for pain control.

Possible Problems/Emergency

If you develop any symptoms such as fevers with temperature greater than 101.5 F, chills, persistent nausea and vomiting, inability to urinate, severe pain not controlled with medications, pus drainage from the wound site, or for any acute problems or illnesses, please contact our office at 714-839-8000 between the hours of 9AM-6PM on Monday-Thursday and 9AM-1PM on Friday; or you may reach us at 714-860-3588 after hours. If you are unable to reach your surgeon or a member of his staff, go to the Emergency Room closest to you.