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Diplomate American Board of Plastic Surgery, Diplomate American Board of Surgery

General Surgery, Reconstructive Surgery, Aesthetic Surgery, Plastic and Hand Surgery

FACE SURGERY

Post-Operative Instructions

Care of Wound/Special Instructions

Your nose, forehead, temples, and eyes may be swollen after 2 or 3 days. This is a normal inflammatory response from surgery of the forehead and upper face.

The dressing should stay clean and dry for 3 days. After that, you may remove dressing. Please keep suture and incision clean and dry. Please apply topical antibiotic such as Neosporin to clean incision three times a day.

You may shower after 24 hours. Suggestion - cover dressing while in the shower

No bathing, swimming or soaking for 2-3 weeks or until cleared by your surgeon.

Do not go into pool, pond, river, or stagnant water site for 6 weeks to avoid infection

You may do light activities of daily living, such as feeding, key boarding, etc. Please do not lift anything heavier than 10 lbs.

The sutures should stay in place for 10 days.

Managing Pain

Pain Medication: You can take Tylenol for the first 3 days in addition to the prescribed medications for pain control, starting as soon as you are able to tolerate a small amount of bland food such as crackers, toast or soup. You can start taking Motrin or Advil or Aleve after 3 days for pain control.

Possible Problems/Emergency

If you develop any symptoms such as fevers with temperature greater than 101.5 F, chills, persistent nausea and vomiting, inability to urinate, severe pain not controlled with medications, pus drainage from the wound site, or for any acute problems or illnesses, please contact our office at 714-839-8000 between the hours of 9AM-6PM Monday-Thursday and 9AM-1PM on Friday; or you may reach us at 714-860-3588 after hours.

If you are unable to reach your surgeon or a member of his staff, go to the Emergency Room closest to you.